

# Cook Island Squash Rackets Association



The Cook Islands are in the South Pacific Oceania, northeast of New Zealand, between French Polynesia and American Samoa. The largest island of its 15 islands, Rarotonga, is home to rugged mountains and Avarua, the national capital.

Cook Islanders are citizens of New Zealand but also have the status of Cook Island nationals. The Cook Islands' main business centres are on Rarotonga, an island just 32 kilometres in circumference that you can drive around in 45 minutes. Rarotonga has an estimated population of 9,000 and hosts an international airport.

English is the official language although the locals also speak Cook Islands Maori.



Cook Islands Squash Racquets Association is a founding member of the Oceania Squash Federation and an Associate Member of the World Squash Federation.

The Cook Islands Squash Racquets Association was incorporated on 17<sup>th</sup> November 1992.

There is a thriving squash scene on Rarotonga with many locals playing regularly at the Rarotonga Squash Club in Avarua.

The Cook Islands Open is held annually attracting players from New Zealand, Australia and the Oceania Region. The event is normally held in October of each year and is a great chance for holidaymakers to mix with the locals in what is usually a very competitive tournament.

Visitors to the island are welcome to play squash and can access the courts by contacting +(682) 58555 or 55933

To find out what is happening at the time of your visit use the following contacts:

Facebook [www.facebook.com/cisquash](http://www.facebook.com/cisquash)

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